

AMOR PROPIO

AESTHETIC SURGERY

DVT POLICY

Deep vein thrombosis (DVT) is the process by which a blood clot forms in the veins of the leg. A pulmonary embolism (PE) occurs when this blood clot travels to the lungs. PE's can result in significant problems with the heart and lungs and can be FATAL. Factors that increase DVT development are abdominoplasty with rectus plication, elevated BMI, prolonged surgery with multiple combined procedures, smoking, immobility, and intrinsic clotting disorders of the blood such as Factor V Leiden.

To reduce the risk of DVT/PE it is imperative that you comply with the following:

I will take all oral or self-administered subcutaneous anti-coagulant shots as prescribed by the surgeon

I will ambulate hourly while awake, with assistance if needed, despite the discomfort I may experience after surgery

I will wear compression stockings or sequential compression devices as prescribed by my surgeon

If required by my surgeon, I will obtain a postoperative lower extremity ultrasound within the first 48 hours after surgery. I understand that this study will be performed at my own expense.

PATIENT SIGNATURE

DATE